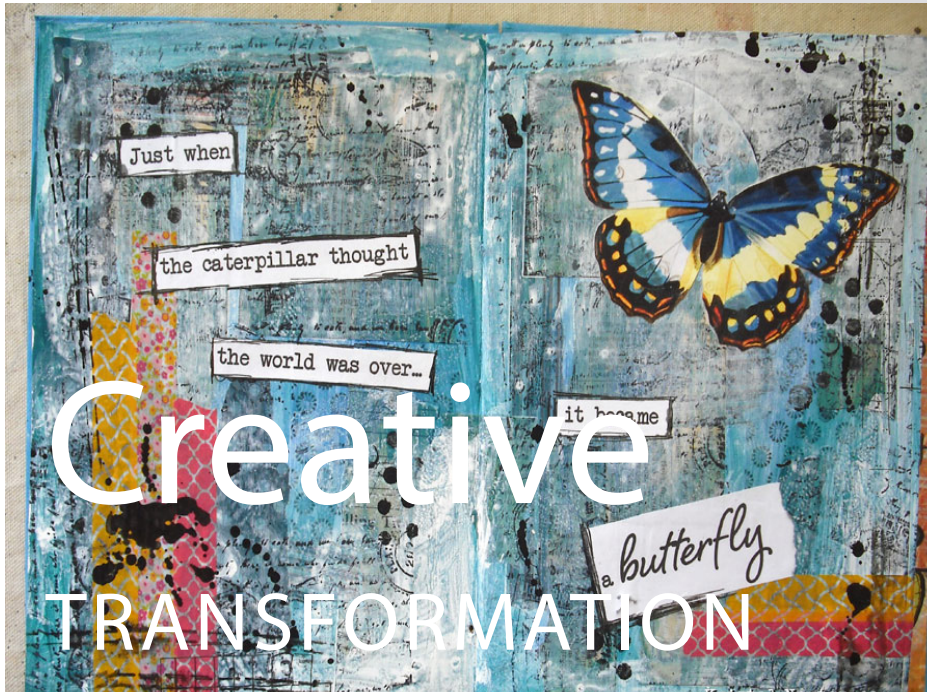


# Soul of Creativity

Learning & Transforming Thru Art



## Creative TRANSFORMATION

## Testimonials to the process

"Heather Taylor-Zimmerman is an exceptional teacher and group facilitator, as well as a beautifully soulful artist and person. She is gifted in leading persons in learning how art evokes the soul while also guiding them into creative exploration of their own inner images. Heather's depth and breadth of knowledge of Jung's Red Book is rare and is complimented by a graceful adeptness at teaching others how to journey into the spiral of their own depths through art and creativity."

Kristen Williams, PhD and therapist

"Heather weaves art and nature is transformation."

Gifts of the Path  
Self-acceptance  
Self-Love  
Selfless Love  
Inner Peace  
Balance  
Wholeness  
Independence  
Interdependence  
Intuition  
Empowerment  
Courage  
Confidence  
Hope  
Trust  
Soulfulness  
Spirituality  
Embodiment  
Contentment  
Encouragement  
Contentment  
Detachment  
Serenity  
Wisdom  
Perception

Requirements  
Courage  
Compassion



## “Learning to LOVE”

THIS IS A PROCESS THAT  
TRANSFORMS YOU AND YOUR  
WORLD THROUGH LOVE.



Heather Taylor-Zimmerman is a masterful educator on how to heal and grow through artistic expression and natural creation. Her presence is open, kind, wise and playful. She is skilled at creating an amazing and safe container for individuals to explore, go deep and have meaningful transformative experiences while guided by her. I have been blessed to know Heather as she has created a vast body of artistic work while being a mother, a friend, a community member, a farmer, a philanthropist and now a PhD in art and Jungian psychology! Her engagement with nature as a vessel for her work is powerful. Embarking on a journey of personal growth with her guidance will be a blessing in your life.”

Mary Gibbons, MD and Educator

This process is an opening into nature and natural creativity. It is a path that leads to greater ease and comfort, peace and resiliency. It opens the heart to deeper love and self-acceptance. It helps you find your gift and offer it to the world by realizing who you really are. It is a modern vision quest and rite of passage, paved by artistic and natural creativity.

I have known Heather as a friend and artist colleague for over five years now and I am impressed with her creative genius, but also her commitment to nurturing her family. She has a tremendous number of gifts to share with the world and she is willing to do the work to expand and deepen her knowledge in various disciplines. She will be an asset to any participant or group. She is one of the rare “bridges” of academia and the mystical realms, which is difficult to do. She is also one of the most dedicated and disciplined artists I have met and isn’t afraid of paving a new path for emerging artist to learn and feel safe.”

Victoria Christiansen, therapist and award-winning author of *Feminine Mysticism in Art*.

Who looks outside

## dreams

Who looks inside

## awakens

“Rites of passage offer a path into the future in which humanity returns to the natural order. It is a way for us to remember who and what we are. It shows us the WAY.” Anonymous

It’s so beautiful, the language that you use . . . I really feel that you have made such a huge contribution to our souls, to our artistic creative selves. I know that when I was in attendance at Pacifica the question would come up around doing a creative dissertation and people would be very excited about the idea and yet very few people have had the courage to push through a do a creative dissertation, and I think that you have done one that really has scholarship to it, that really has the soul of what Jung was talking about in *The Red Book*. Because in *The Red Book* Jung has so much to say about his own personal hubris and his own failings and his own contradictions with his anima [soul] and about not really being an artist. He said it wasn’t art. It was science and you’ve come in and created neuro pathways, you talk about, which I think is significant in this kind of work on the individual level but you have come in and created a furthering of pathways for us to look at the artist, the archetypal artist, the visionary artist and give us a place where we can have soul as well as have expression of who we are in whatever work we want to do in the world. So many people come to do Jungian psychotherapy because they are attracted to the creative flow of Jungian psychology. So, I think that your dissertation really exemplifies the heart, as you talk about that work. So, I just want to say I have great appreciation for what you have done with your dissertation.”

Fanny Brewster, PhD, MA, analyst, author and educator



In this process people have related feeling:



## "An Invaluable Method"

YOU ARE CREATING YOURSELF.  
YOU ARE CREATING THE  
MORAL SOLUTION TO  
YOURSELF.

"A deepening of my connection to and ability to hear and see my soul."  
"A new ability to perceive an inner reality in my art and in the world."  
"An increase in synchronicity and my ability to see and sense connections."  
"New hope for the ability of my soul and the soul in the world to heal."  
"Deep acceptance of myself and others without judgement or comparison."  
"An increase in consciousness that borders on transcendence."  
"Forgiveness for others and myself that leaves me with a sense of freedom."  
"Renewed and restored to move forward unburdened by the past."  
"Cleansed and strengthened, empowered and energized, tired but triumphant."  
"A greater sense of me and my gifts and a knowing of how to love myself."  
"Deepening into my connection to my body and spirit."  
"Learning to trust myself and my soul's guidance."  
"An attunement and alignment to the Self or whole of which we are a part."  
"my authentic and intuitive self."  
"trusting of the process of individuation and the soul."  
"The reflection of the love that we are EXACTLY as we are."  
"A deeper relationship to myself, my connectedness to others and my connectedness to nature and the land."  
"A profound communion and communication with the soul in the art and the world."

Carl Jung taught this process to his advanced patients, referring to it as:

"An invaluable method" "a path he so frequently walked" "incandescent matter"  
"individuation" "salvation" "giving birth to the old in a new time" "the task of the soul of humanity" freedom "from a morbid dependence on the analyst" "the school of the soul"

This path has travelled through the ages to you . . . and you will find your own treasure at the end of it. Each person's treasure and power is their own. It is your soul with its own soul characteristics and qualities. In a way, this path remembers the dismembered pieces of the soul buried in the unconscious and forgotten in your past. This is a form of soul retrieval. It is a way of integrating your psychology (soul study) to understand and accept yourself.

This is a path indebted to those who have gone before, dedicated to those who come after.

"May the stars carry your sadness away. May the flowers fill your heart with beauty. May hope forever wipe away your tears, and above all, may silence make you strong." Chief Dan George

"Humankind has not woven the web of life. We are but one thread within it. Whatever we do to the web, we do to ourselves. All things are bound together. All things connect." Chief Seattle



## For Further Information

[www.soulofcreativity.com](http://www.soulofcreativity.com)  
[www.learningthruart.com](http://www.learningthruart.com)  
[www.transformingthruart.com](http://www.transformingthruart.com)  
[www.seeingthruart.com](http://www.seeingthruart.com)